

## STARTERS

### HAYSTACK ONION RINGS

Served with herb ranch dressing for dipping **6.99**

### TORTILLA CHIPS & SALSA 7.99

### PULLED PORK SLIDERS

Smoked for 10 hrs and served on fresh brioche slider buns(3) with brown sugar-bourbon bbq & housemade coleslaw **9.99**

### BACON WRAPPED DATES

Stuffed with almond & goat cheese. Drizzled with sweet fig balsamic reduction **8.99**

### HEALTHY HUMMUS DIP

Grilled pita, fresh vegetables and tortilla chips **10.99**

### CRISPY DYNAMITE SHRIMP

Tossed in creamy, spicy Asian sauce **10.99**

### CHEESE ARTICHOKE DIP

Served with french bread & tortilla chips **9.99**

### GRILLED JALAPENO POPPERS

Bacon wrapped fresh jalapenos are stuffed with mixed cheese and grilled to order. With herb ranch dressing for dipping **8.99**

### WHITE BEAN & AVOCADO DIP

A housemade blend of white beans, fresh avocado, cilantro and roasted garlic. With grilled pita, fresh vegetables and housemade corn tortilla chips **10.99**

## TACOS/QUESADILLAS

### CHIPOTLE CHICKEN TACOS

Shredded chipotle chicken, lettuce, tomato, cheese, sour cream. Chips & salsa on the side **11.99**

### AL PASTOR TACOS

Marinated braised pork, grilled pineapple, caramelized onion, cheese and cilantro relish. Chips & salsa on the side **13.99**

### "BAJA" FRESH FISH TACOS

Grilled fresh tilapia, shredded cabbage, pico de gallo and avocado. Chips & salsa on the side **13.99**

### THE ORIGINAL CHEESE QUESADILLAS

Cheddar, Monterey jack cheese, pico de gallo, with sour cream and salsa **9.99**  
add grilled chicken 3.50 add sautéed shrimp 3.75

### BRUSCHETTA & SPINACH QUESADILLAS

Tomato, garlic, basil, baby spinach, Monterey jack cheese. Served with sour cream and salsa **12.99**  
add grilled chicken 3.50 add sautéed shrimp 3.75

## SOUP

### CHEESE TORTELLINI FLORENTINE SOUP

cup | 3.99 bowl | 4.99

### LOBSTER BISQUE OR SOUP OF THE DAY

cup | 4.50 bowl | 5.99

## SALADS

### BBQ CHICKEN CHOPPED SALAD

With romaine, black beans & corn, tomato, Monterey jack, green onion, fresh cilantro, corn tortilla strips, fresh herb ranch dressing  
Small | **11.99** Regular | **13.99**

### THAI CHICKEN CHOP CHOP

With Napa & red cabbage, chicken, carrot, cucumber, jicama, avocado, crispy wontons, peanuts, scallion, cilantro-lime dressing, Asian rice noodles & peanut sauce  
Small | **11.99** Regular | **13.99**

### STRAWBERRY SPINACH SALAD

With baby spinach, arugula, fresh strawberries, celery, candied pecans, crumbled feta cheese, sweet poppyseed vinaigrette dressing. Regular Only | **13.99**

### CAESAR SALAD

With romaine, fresh tomato, parmesan, garlic croutons, classic caesar dressing  
Smaller | **8.99** Regular | **10.99**  
add grilled chicken 3<sup>50</sup> add sautéed shrimp 3<sup>75</sup>

### APPLE PECAN BACON SALAD

Fresh arugula, mixed greens, fresh apple, toasted pecans, applewood smoked bacon, diced red onion, crumbled bleu cheese, housemade honey balsamic vinaigrette. Regular Only | **13.99**

## GRILLED SANDWICHES

### HALF POUND HAMBURGER

Served on a fresh multigrain bun with fresh tomato, lettuce, red onion, pickle **10.99**  
third pound hamburger **9.99**

### THE SMOKEHOUSE BURGER

Third pound burger topped with 10-hr smoked pork, cheddar, coleslaw, fried pickle, mayo, brioche bun **12.99**

### SPINACH & FETA TURKEY BURGER

Made from scratch at Garrett's. Housemade turkey patty is blended with spinach and grilled. Served with feta cheese, roasted tomatoes and balsamic onions **13.99**

### GARRETT'S SIGNATURE REUBEN

Corned beef cooked daily in our kitchen - more than a half pound with sauerkraut, Swiss and Russian dressing on grilled rye **12.99**

### CALIFORNIA REUBEN

Grilled rye, roasted turkey, creamy coleslaw, Swiss, Russian dressing **11.99**

### THE ULTIMATE GRILLED CHEESE

American, havarti, cheddar, asparagus, tomato, smoked bacon on grilled challah **11.99**

### CHICKEN GUACAMOLE CLUB

With provolone, thick cut bacon, guacamole, mayo, multigrain bun **12.99**

### SMOKED PULLED PORK

Our 10-hr hardwood smoked, lean pork shoulder on a fresh brioche bun with your choice of housemade BBQ sauce:  
Tangy, Brown Sugar Bourbon, Habañero, Garlic-BBQ **11.99**

### BLACKENED RIBEYE SANDWICH

9 oz Australian ribeye is rubbed with Cajun spices. Served sliced on fresh ciabatta with fresh red onion, tomato, and creamy bleu cheese & horseradish sauce **13.99**

### PESTO & BRIE CHICKEN SANDWICH

7 oz chicken breast is grilled with creamy brie cheese. Served on fresh ciabatta with housemade basil pesto, fresh arugula and tomato **12.99**

## DELI SANDWICHES

### HOT CORNED BEEF

Corned beef, creamy horseradish, grilled rye **10.99**

### FOREST CITY CLUB

Honey roasted ham, roasted turkey, havarti, lettuce, tomato, mayo, multigrain **9.99**

### BACON, LETTUCE, TOMATO

With mayo on toasted multigrain **9.99**  
add roasted turkey **2.50**

### TURKEY CROISSANT

Roasted turkey, fresh croissant, tomato, lettuce, mayo **9.99**

### HOT HAM AND SWISS

Grilled ham, Swiss, ground mustard, grilled multigrain **9.99**

### CHICKEN SALAD CROISSANT

All white meat chicken and fresh herbs mixed in our savory dressing on a fresh croissant **8.99**

### CHERRY WALNUT CHICKEN SALAD

All white meat chicken, dried cherries and toasted walnuts mixed with dressing on toasted **8.99**

### SUNDRIED TOMATO TUNA SALAD

White albacore tuna and sundried tomato with dressing on toasted multigrain **8.99**

### EGG SALAD CROISSANT

Hard boiled eggs with fresh celery, herbs and dressing on a fresh croissant **8.99**

### DELI SALAD COMBO

Two deli salads of your choice: herbed chicken, cherry walnut chicken, sundried tomato tuna or egg salad. Served on fresh lettuce with sliced tomato and fresh fruit **9.99**

### "HALF & HALF" LUNCH COMBO

Choose two:  
> half deli sandwich  
> side salad with choice of dressing  
> bowl of homemade soup  
Served with a fresh baked cookie **9.99**

## THINBREADS

### TURKEY & AVOCADO ON GRILLED THINBREAD

Oven roasted turkey, avocado, provolone, spring greens, tomato, mayo on thin wheat bread **10.99**

### CHICKEN & BACON ON GRILLED THINBREAD

Sliced chicken breast, bacon, tomato, lettuce, mayo on thin wheat bread **10.99**

### TURKEY & CRANBERRY ON GRILLED THINBREAD

Oven roasted turkey, baby spinach, provolone, red onion, cranberry aioli on thin wheat bread **9.99**

All sandwiches are served with a dill pickle spear and your choice of seasoned french fries or chips. Haystack onion rings, sweet potato fries or fresh fruit available for an additional charge.



1631 N. Bell School Road

Rockford, IL 61107

(815)484-9473

info@garrettsrestaurantbar.com

OPEN DAILY 11AM

# LUNCH MENU

served until 4pm

turn over for dinner menu

## LUNCH ENTREES

### ANGEL HAIR POMODORO

Fresh tomato, garlic and basil sautéed in olive oil, tossed with fresh angel hair pasta. Garnished with parmesan cheese **11.99**

### ULTIMATE MAC & CHEESE

Cheddar, mozzarella, brie, parmesan - tossed with pasta shells. Baked with breadcrumbs **11.99**

### THE BISTRO STEAK

8oz bistro-cut tenderloin grilled to temp. Served sliced with demi-glace, onion rings, garlic mashed potato, parmesan-grilled asparagus **15.99**

### FISH & CHIPS

Beer battered cod, seasoned french fries, coleslaw, creamy tartar, lemon **14.99**

### CHICKEN CHARDONNAY

Pounded chicken breast is lightly floured and sautéed with mushrooms and capers in white cream sauce. Served with haricot verts and garlic mashed potato **14.99**

### SEARED ASIAN AHI TUNA STEAK

Sashimi grade 6 oz steak seared to temp, served with soy sauce, pickled ginger, wasabi, stir-fried veggies in Asian rice noodles **18.99**

### MAPLE BOURBON SALMON

Fresh 8oz salmon, maple bourbon glaze, candied pecans, haricot verts, shallot-pecan rice pilaf **19.99**



# DINNER MENU

## SEAFOOD/MEATS

### SEARED AHI TUNA STEAK

6oz ahi tuna steak seared to temp (rare or med rare preferred) with soy sauce, wasabi, stir-fried vegetables in Asian rice noodles **21.99**

### CHICKEN CHARDONNAY

Chicken breast sautéed with mushrooms and capers in a delicate white wine cream sauce, garlic mashed potato, haricot verts **16.99**

### FISH & CHIPS

The finest beer battered cod served with french fries, coleslaw, creamy tartar, fresh lemon **15.99**

### MAPLE BOURBON SALMON

8oz salmon grilled with maple bourbon glaze. Served with candied pecans, haricot verts, roasted shallot-pecan rice pilaf **23.99**

### SEARED SCALLOPS AND RISOTTO

U 10 scallops are seasoned and seared. Served with tomato & basil risotto and drizzled with fig balsamic reduction and parmesan **23.99**

### NEW YORK STRIP

Grilled to temperature with haystack onion rings, herb roasted potato and parmesan-grilled asparagus **25.99** add grilled shrimp 4.00

### THE BISTRO STEAK

7oz center cut sirloin served sliced with demi glace, haystack onion rings, garlic mashed potato and parmesan-grilled asparagus **19.99**

### WILD ICELANDIC COD

Fresh 8 oz wild caught Icelandic cod is baked and topped with sautéed cherry tomatoes and wild mushrooms, Served with jasmine rice and haricot verts **19.99**

### TIKI MUSTARD PORK CHOP

12 oz pork chop is marinated with sweet mustard and grilled with tropical rum sauce and topped with pineapple salsa. Served with jasmine rice and haricot verts **19.99**

## PASTAS

### ULTIMATE MAC & CHEESE

A generous blend of cheddar, mozzarella, brie and parmesan are melted into a rich sauce and tossed with fresh cavatappi. Baked until bubbly with panko breadcrumbs **14.99**  
add grilled chicken 3.50 add sautéed shrimp 3.75

### THAI NOODLE BOWL

Rice noodles, green onion, carrot, cilantro tossed in coconut milk-curry-sweet chile sauce **14.99**  
add grilled chicken 3.50 add sautéed shrimp 3.75

### ANGEL HAIR POMODORO

Fresh tomato, garlic and basil are sautéed in olive oil and tossed with angel hair pasta **14.99**  
add grilled chicken 3.50 add sautéed shrimp 3.75

### BLACKENED CHICKEN ALFREDO

Fresh chicken breast is blackened and served on penne pasta in homemade alfredo sauce with fresh cherry tomato and diced red onion **16.99**

### SEAFOOD RAVIOLI

Fresh pasta dough is stuffed with lobster, shrimp, spinach, red peppers and ricotta cheese. Tossed with sautéed shrimp in white wine alfredo sauce **17.99**

### CHICKEN CAPRESE FETTUCCINI

Fresh chicken breast cutlets are lightly breaded and topped with mozzarella and marinara sauce. Served on creamy pesto fettuccine and garnished with fresh parmesan **15.99**

## BOWLS

### CHICKEN & SHRIMP FAJITAS BOWL

Generous bowl of rice and cowboy caviar (beans, sweet corn, tomato, avocado, cilantro with lime chili sauce). Topped with chicken breast & shrimp, peppers, red onion, shredded cheese and sour cream **16.99**

### CHICKEN TERIYAKI BOWL

Fresh chicken breast with housemade sweet teriyaki sauce. Served sliced on jasmine rice with steamed vegetables and sesame seeds **15.99**

*Like us on Facebook for daily food & drink specials, weekend features, happy hour specials, and upcoming events*

*Join us every Monday for our famous Half Pound Burger - just \$6.75 with seasoned fries*

*Every Wednesday - HALF PRICE bottles of featured wine and Create Your Own Pasta*

## SALADS

### BBQ CHICKEN CHOPPED SALAD

With romaine, black beans & corn, tomato, Monterey jack, green onion, fresh cilantro, corn tortilla strips, fresh herb ranch dressing Small | **11.99** Regular | **13.99**

### THAI CHICKEN CHOP CHOP

With Napa & red cabbage, chicken, carrot, cucumber, jicama, avocado, crispy wontons, peanuts, scallion, cilantro-lime dressing, Asian rice noodles & peanut sauce Small | **11.99** Regular | **13.99**

### STRAWBERRY SPINACH SALAD

With baby spinach, arugula, fresh strawberries, celery, candied pecans, crumbled feta cheese, sweet poppyseed vinaigrette dressing. Regular Only | **13.99**

### CAESAR SALAD

With romaine, fresh tomato, parmesan, garlic croutons, classic caesar dressing Smaller | **8.99** Regular | **10.99**  
add grilled chicken 3.50 add sautéed shrimp 3.75

### APPLE PECAN BACON SALAD

Fresh arugula, mixed greens, fresh apple, toasted pecans, applewood smoked bacon, diced red onion, crumbled bleu cheese, housemade honey balsamic vinaigrette. Regular Only | **13.99**

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Served on a fresh multigrain bun with fresh tomato, lettuce, red onion, pickle **10.99**  
third pound hamburger **9.99**

### THE SMOKEHOUSE BURGER

1/3 lb burger topped with 10-hr smoked pork, cheddar, coleslaw, fried pickle, mayo, brioche bun **12.99**

### SPINACH & FETA TURKEY BURGER

Housemade turkey patty is blended with spinach. Served with feta cheese, roasted tomatoes and balsamic onions **13.99**

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### CHICKEN GUACAMOLE CLUB

Provolone, bacon, guacamole, mayo **12.99**

### SMOKED PULLED PORK

10-hr smoked, lean pork shoulder on a fresh brioche bun with your choice of housemade BBQ sauce: **Tangy, Brown Sugar Bourbon, Habañero, Garlic-BBQ** **12.99**

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*All sandwiches are served with a dill pickle spear and your choice of seasoned french fries or chips. Haystack onion rings, sweet potato fries or fresh fruit available for an additional charge.*

## STARTERS

### HAYSTACK ONION RINGS 6.99

### TORTILLA CHIPS & SALSA 7.99

### REUBEN EGGROLLS

Corned beef, Swiss cheese and sauerkraut eggroll with Russian dressing for dipping **8.99**

### BACON WRAPPED DATES

Stuffed with almond & goat cheese. Drizzled with sweet fig balsamic reduction **8.99**

### HEALTHY HUMMUS DIP

Grilled pita, fresh vegetables and tortilla chips **10.99**

### CRISPY DYNAMITE SHRIMP

Tossed in creamy, spicy Asian sauce **10.99**

### CHEESE ARTICHOKE DIP

Served with french bread & tortilla chips **9.99**

### PULLED PORK SLIDERS

Smoked for 10 hrs and served on fresh brioche slider buns(3) with brown sugar-bourbon bbq & housemade coleslaw **9.99**

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### CHIPOTLE CHICKEN TACOS

Shredded chipotle chicken, lettuce, tomato, cheese, sour cream. Chips & salsa on the side **11.99**

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Marinated, braised pork, grilled pineapple, caramelized onion, cheese and cilantro relish Chips & salsa on the side **13.99**

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Grilled fresh tilapia, shredded cabbage, pico de gallo and avocado. Chips & salsa on the side **13.99**

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### BRUSCHETTA & SPINACH QUESADILLAS

Tomato, garlic, basil, baby spinach, Monterey jack cheese. Served with sour cream and salsa **12.99**  
add grilled chicken 3.50 add sautéed shrimp 3.75

## SOUP

### CHEESE TORTELLINI FLORENTINE SOUP

cup | 3.99 bowl | 4.99

### LOBSTER BISQUE OR SOUP OF THE DAY

cup | 4.50 bowl | 5.99

*Pastas and entrees are accompanied by fresh bread and house salad with choice of dressing or cheese tortellini florentine soup. Side Caesar salad or soup substitution available for an additional charge.*